

Optometry timeline

Freshman Year

Fall

- Visit PREPs to discuss your pre-professional path and design your parallel plan
- Complete ENG-W131, BIOL-K101, CHEM-C105 & C125, and MATH 22100*
- Join a pre-optometry club and other clubs of interest

Spring

- Research summer experience-based opportunities
- Visit PREPs for assistance with your summer plans
- Complete PSY-B110, BIOL-K103, CHEM-C106 & C126, and ENG-W270**
- Consider adding a minor to complement your major

Summer

- Volunteer for a health-related summer experience
- Visit our website for resources on local professionals you can shadow or volunteer with, activity logs to track your achievements, and more

Sophomore Year

Fall

- Consider an internship
- Get involved with your pre-health club and volunteer
- Complete CHEM-C341 & C343
- Complete BIOL-N261 or N217
- Visit PREPs and make sure you are on track with your parallel plan

Spring

- Lock in a health-related opportunity for the summer
- Complete BIOL-K356 & K357
- Research and visit optometry schools of interest
- Determine if your schools of interest require additional pre-requisites not on this list

Summer

- Choose an OAT preparation option, such as a tutor, a course, or a book
- Complete your health-related summer opportunity
- Shadow an optometrist
- Assess yourself: Take an OAT practice test

Junior Year

Fall

- Register for the OAT
- Complete PHYS-P201
- Complete STATS 30100***
- Consider participating in a research opportunity
- Make an appointment with PREPs for info on letters of recommendation and personal statements

Spring

- Take the OAT
- Complete PHYS-P202
- Complete BIOL-K384 or CHEM-C 384
- Meet with your academic advisor and make sure you're on track to graduate
- Complete your personal statement and have it reviewed by PREPs

Summer

- Take the OAT (if you haven't already)
- Complete your OptomCAS application
- Purchase an interview suit
- Begin secondary applications and interviews

Senior Year

Fall

- Contact PREPs and schedule a mock interview
- If not called to interview, begin working on your alternative plan: Research companies or other programs and work on your resume

Spring

- Make a final decision as to your plans for the fall
- Complete your financial aid forms if going to school
- Have your resume reviewed at PREPs if job searching
- Make plans for the summer

Summer

- Make appropriate living arrangements for the fall
- If attending school, purchase books and equipment, and attend your orientation
- If working, make sure you have a work wardrobe

* You must have at least 4 credits of Math and may take MATH 23100, or MATH 16500

** You may take ENG-W132 or ENG-W231 or TCM-22000 or TCM-32000

*** You may take STAT 30100, STAT 59800, PSY-B305, or ECON-E270