# Occupational Therapy Timeline

**Freshman Year**

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<tr>
<th>Fall</th>
<th>Spring</th>
<th>Summer</th>
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| • Visit PREPs to discuss your pre-professional path  
• Complete ENG-W131  
• Consider doing research  
• Find pre-OT clubs and other clubs of interest | • Complete PSY-B110  
• Complete SOC-R100 or ANTH-A104  
• Research summer experience-based opportunities  
• Visit PREPs for assistance with your summer plans  
• Consider adding a minor to complement your major | • Volunteer for a health-related summer experience  
• Visit our website for resources on local professionals you can shadow or volunteer with, activity logs to track your achievements, and more |

**Sophomore Year**

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<th>Summer</th>
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| • Get involved with your pre-health club, and volunteer  
• Complete BIOL-N261  
• Complete PSY-B310  
• Visit PREPs to review your academic plan and to ensure you have a parallel plan in place | • Lock in a health-related opportunity or internship for the summer  
• Complete BIOL-N217  
• Complete STAT 30100*  
• Research OT schools  
• Determine if your schools of interest require additional pre-requisites not on this list | • Choose a GRE preparation option, such as a tutor, a course, or a book  
• Complete a health-related volunteer or learning opportunity  
• Continue working on your observation hours (aim for 100+ hours)  
• Assess yourself: Take a GRE practice test online |

**Junior Year**

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<th>Summer</th>
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| • Register for the GRE  
• Complete PHYS-P201  
• Complete PSY-B380  
• Make an appointment with PREPs for information on letters of recommendation, personal statements and more | • Take the GRE if required  
• Complete HIM-M330 or RADI-R108  
• Meet with your advisor and make sure you’re on track  
• Complete your personal statement and have it reviewed by PREPs | • Take the GRE (if you haven’t already)  
• Complete your OTCAS application  
• Purchase an interview suit  
• Begin secondary applications and interviews |

**Senior Year**

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<th>Spring</th>
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| • Contact PREPs and schedule a mock interview  
• If not called to interview, begin working on your alternative plan: research companies or other graduate programs and work on your resume | • Make a final decision as to your plans for the fall  
• Complete your financial aid forms if going to school  
• Have your resume reviewed at PREPs if job searching  
• Make plans for the summer | • Make appropriate living arrangements for the fall  
• If attending school, purchase books and equipment. Attend your orientation program  
• If working, make sure you have a work wardrobe |

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*You may take STAT 30100, SPEA-K300, PSY-B305, SOC-R359, or ECON-E270*

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This timeline is simply a suggested guideline. Always meet with your pre-professional advisor to ensure you are on track.

Updated: 11/1/17